



## **COUGAR ATHLETICS**

### **STEPS TO PLAY A SPORT AT PHX CHRISTIAN**

All forms must be on file in the office to have your clearance card approved and given to the coach. Here are the steps you need to take.

1. Print out the Physical Examination Form online or get one in the athletic or front office. When the physical form is completed then turn it into the **FRONT OFFICE. (Mrs. Vandernaalt)**
2. Pay the sports fee to the **ATHLETIC OFFICE.**  
**High School Sport Fees:**  
\$125 for football and \$100 for all other sports.  
**Jr High Sport Fees:**  
\$100 for football and \$75 for all other sports.
3. Fill out the Clearance Card and bring to the **ATHLETIC OFFICE.** Mr.Consier or Coach Tara will sign that you have turned in your sports fees and physical form.
4. When the athletic assistant (Tara Vandermate) or the athletic director (Bruce Consier) has received all properly completed forms they will sign off on the CLEARANCE CARD and give back to the athlete.
5. The athlete will give the CLEARANCE CARD to the coach before they are allowed to practice.
6. You will need to do the process for each sport you participate in this year. (#1 is good for the whole school year)



## Athletic Clearance Card 2011-2012

Students Name: \_\_\_\_\_ Grade \_\_\_\_\_

Athletes Home Address: \_\_\_\_\_

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**Sport:** \_\_\_\_\_

Student E-Mail Address: \_\_\_\_\_

School Attended last year: \_\_\_\_\_

**Physical Examination Form** Turned into the Main Office

Office Signature \_\_\_\_\_

I have read the **Phoenix Christian Athletic Handbook**.

Parent Signature: \_\_\_\_\_

Parents E-Mail Address: \_\_\_\_\_

**Sports Fee Paid** in the Athletic Office, Check made out to Phx Christian Athletics.

HS: Football \$125 all other sports \$100

JH: Football \$100 all other sports \$75

Athletic Office Signature \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*RETURN TO ATHLETIC DEPARTMENT When completed*