

# **Phoenix Christian Jr/Sr High School**

## **Code of Conduct for Athletes**

### **PHILOSOPHY**

The program of interscholastic athletics at Phoenix Christian Jr/Sr High School is designed primarily to develop within each athlete Christian values and Christian attitudes toward his fellow man. It allows for the development of physical skills in individual and team sports and for proper health habits to aid in the development of these skills.

### **OBJECTIVES**

1. To recognize that each individual is a unique creation of God and to provide the opportunities for maximum participation for all students in a variety of activities and play.
2. To develop within each athlete the individual and team skills necessary to compete successfully and reach for that individual's God-given potential.
3. To develop within each athlete strong team spirit and a loyalty to the school.
4. To each good sportsmanship.
5. To provide opportunities for athletes which encourage self-confidence, sociability, initiative, and a feeling of belonging.
6. To provide understanding of body growth and development and the importance of good health habits in aiding that growth and development.

### **ELIGIBILITY RULES**

In order to represent Phoenix Christian High School in any interscholastic athletic competition, a student must meet the following requirements that include or supersede those of the Arizona Interscholastic Association (AIA).

A student must:

1. Not reach age 19 on or before September 1 of the school year in which competition occurs.
2. Not participate on any but his/her high school team during the same season.
3. Not be in attendance at any high school for more than eight (8) semesters.
4. Have a current physical examination, completed by their personal physician and at their own expense, on file before participating in a sport or practice session. A physical exam is current if completed after March 1 of the previous school year.
5. Receive passing grades in all subjects.
6. May be referred for tutoring at the teacher's discretion.
7. Must not practice, play or participate in any activity until his/her name is officially removed from the ineligibility list. Regaining eligibility will not be based on a certain length of time, but on academic improvement. As soon as a student has raised his/her grade to a satisfactory level, the teacher can clear the student to rejoin the team/activity.
8. Complete and return Participation Release form to the Administration Office before the first practice session.
9. Arrive at school and be in class by the beginning of 2nd period on the day of practice, activity, or contest in order to participate unless absence is due to a confirmed medical appointment or family emergency approved by the administration.
10. Carry insurance as recommended by the administration or provide a satisfactory substitute policy. In addition, parents or guardians must sign the waiver on the Emergency Card before the first practice session.

An ineligible student may not miss scheduled classes for any school-sponsored extracurricular activity. An ineligible student may not practice, miss class time or travel with a team to games on weekday nights.

## TRAINING RULES

The following training rules apply to all interscholastic athletes. Every athlete is to adhere to this code and will share the contents of this code with his/her parents. An athlete may be required to follow additional rules set up by individual coaches. Any member of the coaching staff may report a violation of the rules. A coach may personally observe a violation or can be convinced by the circumstances that a violation has occurred. All violations will be reported to the Athletic Director who will take appropriate action. Appeals will be directed to the Superintendent who will consult with the Executive Committee of the Board. The appeals process will include input from the coach involved and the Athletic Director.

### **1. *Drinking, drug use, and smoking:***

A. First violation: suspension for 1/3 of the scheduled season or its remainder, whichever is shorter.

B. Second violation: see Parent/Student Handbook

2. No athlete should be in attendance at gatherings of peers where drinking or drugs are present. An athlete must (a) leave or (b) call parents to be picked up or (c) call coach or sponsor to inform them of the situation if leaving is impossible. Failure to do one of the three acts listed above constitutes a violation of the rule. Violation of the rule will result in the implementation of same actions as listed above.

3. ***Practice Sessions:*** An athlete is expected to attend all practices. The coach for any practice missed must excuse an athlete in advance. An injured athlete who is able to attend practice sessions shall be expected to do so. A violation of this rule results in suspension from the next contest following the violation.

4. ***Profanity:*** Including vulgar, suggestive, or off-color remarks, will not be tolerated in any form. Each coach, depending upon the circumstances, will deal with first violation of this rule. A second violation will result in removal from that contest. Repeated infractions may result in suspension from the team.

5. ***Appearance:*** A student involved in interscholastic athletics is required to follow the school's guidelines for proper appearance.

6. ***Disciplinary Action:*** A student having received disciplinary penalties by the administration must satisfy these obligations as assigned before he/she may return to practice or competition.

7. ***Quitting Without Coach's Consent:*** If an athlete quits a sport, he/she is not allowed to participate in another sport until the sport he/she quits is over.

8. Future eligibility will be determined by the Athletic Director for an athlete who is dropped from a squad for a disciplinary reason not contained in the rules listed above.

## **DEFINITIONS:**

***Suspension:*** The coach may require the athlete to participate in practices. Athlete may not dress or participate in a scheduled game. For non-academic suspension, an athlete is required to be at the games, on the bench, in appropriate team game-day attire.

***Season:*** A season begins on the official opening day as designated by AIA and ends at the conclusion of the Phoenix Christian Jr/Sr High season or the official opening of the next consecutive season, whichever comes later. The spring season ends the last day of PCJSHS competition. The "scheduled" season includes regular season games, matches, meets, plus guaranteed tournament games, matches, and meets.

## **ATHLETIC EQUIPMENT/FACILITIES/VEHICLES**

1. One of the values of athletics is to teach responsibility, and this should apply to the care of athletic equipment as well as school property. We hope every athlete will take pride in the fine facilities PCJSHS has to offer.
2. Athlete is expected to take excellent care of all athletic equipment.
3. The original equipment issued to an athlete must be returned at the close of the season. If equipment needs repair or a change in size is needed, be sure the coach makes the change.
4. Athlete will be held financially responsible for any lost, misplaced, damaged or destroyed equipment.
5. Athlete is responsible for cleaning school vehicles of all debris upon returning from a game.
6. Athlete understands that drinking and eating are prohibited in the school gym.

## **ATHLETIC INJURIES AND THEIR CARE**

1. An optional insurance policy is available to students. The regular policy covers all activities other than football. For students involved in football, a special policy is available. All policies are supplemental to the parents' insurance policy.

2. Any school-related injury shall be reported to the coach and the INJURY REPORT form must be filed with the Athletic Director (see Appendix C-2)
3. The Athletic Director must be informed if an individual has any special medical problem.
4. Should an injury be discovered after the athlete has returned home, the student should go to his/her physician and report it to the coach.

### **RESPONSIBILITIES**

The privilege of participating in our athletic program is extended to all students, providing they are willing to assume certain responsibilities.

The athlete's responsibility is to be an appropriate Christian witness and a credit to his/her parents, school, and the community. Each athlete is required to:

1. display high standards of social behavior.
2. display outstanding sportsmanship.
3. display proper respect for those in authority.
4. display a real spirit of cooperation.
5. dress with special care when attending a contest.
6. use language that is acceptable and appropriate.

This form must be read, signed, and on file with the Athletic Director before an athlete can participate in the 2006-2007 season.

As a parent and as a student athlete, I/we have read the PCJSHS Code of Conduct for Athletes and the Parent/Student Handbook, and agree to abide by the rules and regulations contained therein.

Student's Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_